

 CENTER OF LIGHT
FOUNDATION 

~ Fire • Clarity • Action ~

9 et • 8 ct • 6 pt

Secret

YŃV

CenterofLightRadio.com

YouTube.com/CenterofLightRadio



1
00:02:49,110 --> 00:02:47,589
welcome to center of light foundation my

2
00:02:52,470 --> 00:02:49,120
name is keith anthony blanchard good to

3
00:02:57,509 --> 00:02:52,480
see you as always

4
00:03:01,190 --> 00:02:59,990
like you are home

5
00:03:02,710 --> 00:03:01,200
alone

6
00:03:04,790 --> 00:03:02,720
hence the

7
00:03:06,149 --> 00:03:04,800
thumbnail

8
00:03:09,509 --> 00:03:06,159
purifying your mind can make you feel

9
00:03:12,550 --> 00:03:09,519
like you by yourself home alone

10
00:03:15,190 --> 00:03:12,560
because when you're dancing in the fire

11
00:03:17,509 --> 00:03:15,200
no one dances with you

12
00:03:20,630 --> 00:03:17,519
you must dance with yourself as billy

13
00:03:27,030 --> 00:03:23,589

dancing with myself

14

00:03:33,509 --> 00:03:27,040

because in pure consciousness

15

00:03:33,519 --> 00:03:49,620

you are by yourself

16

00:03:49,630 --> 00:03:55,429

[Music]

17

00:03:55,439 --> 00:04:19,110

oh

18

00:04:19,120 --> 00:04:33,830

hmm

19

00:04:33,840 --> 00:04:46,790

so

20

00:04:58,310 --> 00:04:48,460

hmm

21

00:04:58,320 --> 00:05:29,189

oh

22

00:05:44,800 --> 00:05:41,590

so

23

00:05:44,810 --> 00:05:54,790

[Music]

24

00:06:09,670 --> 00:05:56,850

so

25

00:06:09,680 --> 00:06:29,029

do

26

00:06:29,039 --> 00:06:39,610

so

27

00:06:56,150 --> 00:06:51,770

[Music]

28

00:06:58,629 --> 00:06:57,670

there we go

29

00:07:00,950 --> 00:06:58,639

there

30

00:07:02,550 --> 00:07:00,960

you go

31

00:07:04,390 --> 00:07:02,560

thank you robert now let's see why he

32

00:07:06,790 --> 00:07:04,400

says sign language

33

00:07:08,230 --> 00:07:06,800

had the microphone off

34

00:07:09,589 --> 00:07:08,240

walk in the center of light good to see

35

00:07:11,749 --> 00:07:09,599

you

36

00:07:14,309 --> 00:07:11,759

central light foundation it's a big

37

00:07:17,909 --> 00:07:14,319

secret shh

38

00:07:19,990 --> 00:07:17,919

so since it's a secret and tell everyone

39

00:07:23,110 --> 00:07:20,000

stay to the end

40

00:07:25,110 --> 00:07:23,120

and i will reveal to you

41

00:07:27,189 --> 00:07:25,120

how

42

00:07:31,029 --> 00:07:27,199

to put this secret

43

00:07:35,189 --> 00:07:33,189

a usable fashion i can't believe i left

44

00:07:37,110 --> 00:07:35,199

a microphone meeting but there you have

45

00:07:39,670 --> 00:07:37,120

it

46

00:07:42,469 --> 00:07:39,680

i want to say thank you to everyone

47

00:07:46,110 --> 00:07:42,479

center of light is now

48

00:07:46,120 --> 00:07:49,909

[Music]

49

00:07:53,510 --> 00:07:52,550

please choose to support the gofundme

50

00:07:55,270 --> 00:07:53,520

page

51

00:07:57,749 --> 00:07:55,280

however you do that

52

00:07:58,790 --> 00:07:57,759

monetarily

53

00:08:01,350 --> 00:07:58,800

prayering

54

00:08:02,869 --> 00:08:01,360

sharing simply just caring

55

00:08:05,430 --> 00:08:02,879

this is not only

56

00:08:11,670 --> 00:08:05,440

this is about everyone's future

57

00:08:15,350 --> 00:08:12,629

let me tell you a little bit about

58

00:08:21,909 --> 00:08:16,140

foundation

59

00:08:26,790 --> 00:08:24,629

if you are watching this presentation

60

00:08:28,390 --> 00:08:26,800

if you're on youtube stay there if

61

00:08:30,070 --> 00:08:28,400

you're in center of light foundation

62

00:08:32,790 --> 00:08:30,080

stay there

63

00:08:34,709 --> 00:08:32,800

but if you on my personal profile

64

00:08:36,389 --> 00:08:34,719

as well as the center of light group

65

00:08:38,070 --> 00:08:36,399

please

66

00:08:41,350 --> 00:08:38,080

feel free

67

00:08:43,520 --> 00:08:41,360

to check out

68

00:08:46,150 --> 00:08:43,530

these two sites so that

69

00:08:47,670 --> 00:08:46,160

[Music]

70

00:08:49,590 --> 00:08:47,680

when you share what you want to say i

71

00:08:51,269 --> 00:08:49,600

can see you

72

00:08:53,350 --> 00:08:51,279

we want to bring you over to central of

73

00:08:54,949 --> 00:08:53,360

light foundation page anyway because

74

00:08:56,630 --> 00:08:54,959

this is the new

75

00:08:58,470 --> 00:08:56,640

way i'm going to be doing things hello

76

00:09:02,550 --> 00:08:58,480

mary hello robert

77

00:09:05,350 --> 00:09:02,560

um hello everybody good to see you

78

00:09:05,360 --> 00:09:12,710

fantastic nori love

79

00:09:12,720 --> 00:09:17,910

is that ability it sure is welcome dear

80

00:09:23,110 --> 00:09:20,070

people are giving their heart to center

81

00:09:24,790 --> 00:09:23,120

of light found foundation thank you all

82

00:09:26,630 --> 00:09:24,800

however you do so

83

00:09:28,870 --> 00:09:26,640

the official facebook live feed and

84

00:09:32,230 --> 00:09:28,880

public chat forum can be found in the

85

00:09:33,910 --> 00:09:32,240

two post the two links i just posted

86

00:09:35,990 --> 00:09:33,920

we will be live in the central light

87

00:09:38,790 --> 00:09:36,000

facebook group which i mentioned and

88

00:09:40,230 --> 00:09:38,800

what you just mentioned

89

00:09:42,470 --> 00:09:40,240

but when you go to the center of

90

00:09:43,350 --> 00:09:42,480

foundation center of light foundation

91

00:09:45,990 --> 00:09:43,360

page

92

00:09:47,590 --> 00:09:46,000

you will be able to follow all of our

93

00:09:49,110 --> 00:09:47,600

updates

94

00:09:51,030 --> 00:09:49,120

there's not going to be a lot of posting

95

00:09:54,949 --> 00:09:51,040

in the center of light foundation group

96

00:10:00,230 --> 00:09:54,959

right now until the energy gets moving

97

00:10:01,829 --> 00:10:00,240

over 400 subscribers since two days ago

98

00:10:03,430 --> 00:10:01,839

fantastic

99

00:10:06,550 --> 00:10:03,440

if you would like to become a foundation

100

00:10:15,350 --> 00:10:06,560

member sponsor patron

101
00:10:15,360 --> 00:10:19,190
please choose

102
00:10:24,470 --> 00:10:22,069
to follow this paypal link

103
00:10:27,030 --> 00:10:24,480
and give a donation

104
00:10:29,030 --> 00:10:27,040
we'll give you details really soon

105
00:10:31,190 --> 00:10:29,040
and you can put in the

106
00:10:32,550 --> 00:10:31,200
reason for the donation you can put

107
00:10:36,150 --> 00:10:32,560
membership

108
00:10:41,509 --> 00:10:39,350
you will get more benefits

109
00:10:44,550 --> 00:10:41,519
perks or you can send me an email at

110
00:10:47,670 --> 00:10:44,560
keith anthony blanchard gmail.com

111
00:10:50,630 --> 00:10:47,680
dr katie camara says bear with us y'all

112
00:10:52,470 --> 00:10:50,640
the southern drawl bear with us y'all as

113
00:10:54,230 --> 00:10:52,480

we get things fully up and running we

114

00:10:57,350 --> 00:10:54,240

appreciate each and every one of you for

115

00:10:59,590 --> 00:10:57,360

the love you have do and will show as we

116

00:11:02,470 --> 00:10:59,600

all endeavor toward creating a better

117

00:11:12,230 --> 00:11:03,470

wow

118

00:11:12,240 --> 00:11:17,829

so what is tonight's presentation about

119

00:11:22,870 --> 00:11:20,949

as always it's about you

120

00:11:25,590 --> 00:11:22,880

me as far as i'm concerned

121

00:11:28,230 --> 00:11:25,600

we as far as we are concerned

122

00:11:30,470 --> 00:11:28,240

always it's about empowering handing the

123

00:11:32,550 --> 00:11:30,480

tools of empowerment

124

00:11:35,030 --> 00:11:32,560

every minute

125

00:11:36,550 --> 00:11:35,040

every second every hour meant

126

00:11:38,730 --> 00:11:36,560

even when you use the bathroom and take

127

00:11:41,110 --> 00:11:38,740

a shower mint

128

00:11:43,190 --> 00:11:41,120

[Music]

129

00:11:44,310 --> 00:11:43,200

information is everywhere

130

00:11:46,630 --> 00:11:44,320

power

131

00:11:50,150 --> 00:11:46,640

is everywhere it's so everywhere it

132

00:11:50,160 --> 00:11:55,509

in your chair on your bed or in a boat

133

00:11:55,519 --> 00:11:58,870

hello philip blair

134

00:11:58,880 --> 00:12:02,230

so tonight essentially

135

00:12:02,240 --> 00:12:09,030

i got a big secret for you

136

00:12:14,550 --> 00:12:11,509

hello luis machi

137

00:12:16,629 --> 00:12:14,560

and it involves everyone

138

00:12:19,030 --> 00:12:16,639

including myself

139

00:12:23,190 --> 00:12:19,040

to become uncomfortable and this is

140

00:12:29,350 --> 00:12:24,949

stay

141

00:12:35,509 --> 00:12:33,269

what is the big secret

142

00:12:38,550 --> 00:12:35,519

i ain't gonna tell you just yet

143

00:12:42,069 --> 00:12:38,560

you can bet on that

144

00:12:44,710 --> 00:12:42,079

but i'm gonna let master baba father

145

00:12:46,949 --> 00:12:44,720

divine incarnation muji

146

00:12:50,550 --> 00:12:46,959

tell you in just a little while what the

147

00:12:54,480 --> 00:12:52,949

but it's really no secret

148

00:12:56,550 --> 00:12:54,490

but the fact that it's coming from

149

00:12:57,910 --> 00:12:56,560

[Music]

150

00:12:59,990 --> 00:12:57,920

muji

151
00:13:01,269 --> 00:13:00,000
he's using the idea that it's a big

152
00:13:04,069 --> 00:13:01,279
secret

153
00:13:06,389 --> 00:13:04,079
because it is key

154
00:13:09,190 --> 00:13:06,399
my friend philip blair says i really

155
00:13:10,790 --> 00:13:09,200
enjoyed your interview with father

156
00:13:14,150 --> 00:13:10,800
francis teaser

157
00:13:16,150 --> 00:13:14,160
i like that guy i i just really like

158
00:13:19,030 --> 00:13:16,160
father francis yeah right

159
00:13:20,470 --> 00:13:19,040
yeah yeah he's he's a delight he's real

160
00:13:21,430 --> 00:13:20,480
he's the real

161
00:13:25,990 --> 00:13:21,440
calling

162
00:13:30,870 --> 00:13:28,840
so let's get down to center of light shh

163
00:13:32,949 --> 00:13:30,880

[Music]

164

00:13:34,300 --> 00:13:32,959

secret looking at this

165

00:13:36,069 --> 00:13:34,310

thumbnail

166

00:13:38,870 --> 00:13:36,079

[Music]

167

00:13:41,189 --> 00:13:38,880

it's funny i love it

168

00:13:45,829 --> 00:13:41,199

as i said in the black and white screen

169

00:13:49,670 --> 00:13:47,590

something has to be purified and that's

170

00:13:50,550 --> 00:13:49,680

the mind

171

00:13:52,949 --> 00:13:50,560

hence

172

00:13:54,230 --> 00:13:52,959

joe pesci's head is on fire implying the

173

00:13:56,470 --> 00:13:54,240

mind

174

00:13:58,470 --> 00:13:56,480

secret from both of them

175

00:14:01,269 --> 00:13:58,480

going i mean

176
00:14:08,710 --> 00:14:01,279
they just found out a secret

177
00:14:12,790 --> 00:14:10,069
[Music]

178
00:14:14,629 --> 00:14:12,800
you can and likely will

179
00:14:15,750 --> 00:14:14,639
feel home

180
00:14:18,870 --> 00:14:15,760
consciousness

181
00:14:21,910 --> 00:14:20,790
because nobody can go there with you

182
00:14:23,990 --> 00:14:21,920
it's yours

183
00:14:25,829 --> 00:14:24,000
and yours alone

184
00:14:27,670 --> 00:14:25,839
it's yours alone

185
00:14:29,350 --> 00:14:27,680
friends can help you friends can counsel

186
00:14:31,430 --> 00:14:29,360
you friend skin

187
00:14:32,870 --> 00:14:31,440
be a great sounding board they can take

188
00:14:34,949 --> 00:14:32,880

it all in

189

00:14:37,509 --> 00:14:34,959

when you whip their ass with your

190

00:14:41,350 --> 00:14:40,150

but no matter the lamenting

191

00:14:44,389 --> 00:14:41,360

this is

192

00:14:47,110 --> 00:14:44,399

your rodeo cowboy

193

00:14:51,189 --> 00:14:49,670

you will feel alone

194

00:14:52,790 --> 00:14:51,199

keep doing the work

195

00:14:56,310 --> 00:14:52,800

stay the course

196

00:15:01,509 --> 00:14:59,110

you feel this amazing spiritual

197

00:15:04,389 --> 00:15:01,519

inclusiveness

198

00:15:05,430 --> 00:15:04,399

that even though you are by yourself

199

00:15:09,110 --> 00:15:05,440

you don't

200

00:15:11,670 --> 00:15:09,120

feel alone any longer

201
00:15:13,189 --> 00:15:11,680
this is what everyone is seeking

202
00:15:18,310 --> 00:15:13,199
ultimate bliss

203
00:15:21,189 --> 00:15:18,320
you have to somewhat miss

204
00:15:23,030 --> 00:15:21,199
the daily routine of life

205
00:15:24,360 --> 00:15:23,040
because that's just what it is it's just

206
00:15:27,430 --> 00:15:24,370
a routine

207
00:15:30,389 --> 00:15:27,440
[Music]

208
00:15:32,150 --> 00:15:30,399
philip says giddy up

209
00:15:33,990 --> 00:15:32,160
giddy in

210
00:15:36,550 --> 00:15:34,000
kitty out

211
00:15:41,030 --> 00:15:36,560
giddy all about

212
00:15:42,949 --> 00:15:41,040
what is the secret hmm

213
00:15:44,550 --> 00:15:42,959

let's go into a song break people say

214

00:15:47,110 --> 00:15:44,560

keith why don't you just come onto the

215

00:15:48,550 --> 00:15:47,120

screen i i hear this a lot why don't you

216

00:15:49,990 --> 00:15:48,560

just come onto the screen immediately

217

00:15:52,150 --> 00:15:50,000

when you go live

218

00:15:54,790 --> 00:15:52,160

and why do you go to song breaks because

219

00:15:57,990 --> 00:15:54,800

for me personally when i partition

220

00:16:00,949 --> 00:15:58,000

these segments it helps me roll

221

00:16:02,550 --> 00:16:00,959

into these segways but also i like media

222

00:16:04,130 --> 00:16:02,560

i love media

223

00:16:05,269 --> 00:16:04,140

here are my commercials if you will

224

00:16:08,710 --> 00:16:05,279

[Music]

225

00:16:10,470 --> 00:16:08,720

i love the play of media and medium and

226

00:16:11,509 --> 00:16:10,480

mediumship

227

00:16:14,389 --> 00:16:11,519

i do

228

00:16:16,629 --> 00:16:14,399

i'm an artist i'm a performer but i'm

229

00:16:19,189 --> 00:16:16,639

also a teacher

230

00:16:20,470 --> 00:16:19,199

that wants to share what i know to be

231

00:16:22,949 --> 00:16:20,480

absolutely

232

00:16:24,150 --> 00:16:22,959

without a doubt in and out

233

00:16:26,069 --> 00:16:24,160

the truth

234

00:16:27,350 --> 00:16:26,079

and i do it in a fun playful creative

235

00:16:29,110 --> 00:16:27,360

way

236

00:16:30,710 --> 00:16:29,120

so song break

237

00:16:32,949 --> 00:16:30,720

speaking of creative my spiritual man

238

00:16:34,870 --> 00:16:32,959

lavender soul everyone please share this

239

00:16:36,389 --> 00:16:34,880

everywhere why not and again make sure

240

00:16:39,670 --> 00:16:36,399

you go over to center of light

241

00:16:43,350 --> 00:16:39,680

foundation on facebook facebook.com

242

00:16:45,749 --> 00:16:43,360

center of light foundation

243

00:16:47,990 --> 00:16:45,759

you are the foundation nation we all are

244

00:16:50,870 --> 00:16:48,000

we are all founders of the center of

245

00:16:52,150 --> 00:16:50,880

light foundation it's just getting its

246

00:16:53,990 --> 00:16:52,160

roots

247

00:16:55,990 --> 00:16:54,000

through top soil

248

00:16:57,990 --> 00:16:56,000

dr katy khmer and i have just turned

249

00:17:00,230 --> 00:16:58,000

this into an llc

250

00:17:03,670 --> 00:17:00,240

and we're going to be looking for

251
00:17:05,590 --> 00:17:03,680
grants as well as you funding

252
00:17:06,789 --> 00:17:05,600
having funding with central of light

253
00:17:08,789 --> 00:17:06,799
foundation

254
00:17:09,990 --> 00:17:08,799
it's about stepping up

255
00:17:11,350 --> 00:17:10,000
waking up

256
00:17:12,949 --> 00:17:11,360
rising up

257
00:17:16,390 --> 00:17:12,959
leveling up

258
00:17:20,630 --> 00:17:19,110
and you change the world

259
00:17:21,990 --> 00:17:20,640
and every one

260
00:17:24,230 --> 00:17:22,000
of us

261
00:17:25,909 --> 00:17:24,240
has a simple i'm looking for the song

262
00:17:29,909 --> 00:17:25,919
i'm trying to make this so cool where

263
00:17:35,029 --> 00:17:32,470

uh i guess i don't have it in this reel

264

00:17:37,430 --> 00:17:35,039

so let's go to song number two

265

00:17:39,750 --> 00:17:37,440

or another one describes you perfectly

266

00:17:41,510 --> 00:17:39,760

you are perfect in every way in fact

267

00:17:43,830 --> 00:17:41,520

that's why i don't have it on this reel

268

00:17:44,630 --> 00:17:43,840

this sceneless because perfect in every

269

00:17:46,710 --> 00:17:44,640

way

270

00:17:49,110 --> 00:17:46,720

is what sadhguru

271

00:17:50,870 --> 00:17:49,120

and baba muji is going to share

272

00:17:52,630 --> 00:17:50,880

in just a little while

273

00:17:53,750 --> 00:17:52,640

you are perfect

274

00:17:58,560 --> 00:17:53,760

i'm not going to give too much away

275

00:18:30,310 --> 00:18:24,310

[Music]

276
00:18:30,320 --> 00:18:38,040
is

277
00:18:38,050 --> 00:18:46,390
[Music]

278
00:18:46,400 --> 00:18:54,950
it's always been that

279
00:18:54,960 --> 00:18:58,549
what way are

280
00:19:05,480 --> 00:19:00,190
perfect in

281
00:19:22,230 --> 00:19:17,550
[Music]

282
00:19:29,830 --> 00:19:24,950
so it's up to you

283
00:19:30,690 --> 00:19:29,840
a choice to make to promise yourself

284
00:19:31,870 --> 00:19:30,700
you'll

285
00:19:36,950 --> 00:19:31,880
[Music]

286
00:19:53,000 --> 00:19:41,669
love trust a time to know

287
00:19:53,010 --> 00:19:57,909
[Applause]

288
00:19:57,919 --> 00:20:06,630

who you are

289

00:20:13,570 --> 00:20:08,270

perfect in

290

00:20:24,800 --> 00:20:23,300

[Music]

291

00:20:30,230 --> 00:20:24,810

[Applause]

292

00:20:37,830 --> 00:20:32,950

so it's up to you

293

00:20:39,549 --> 00:20:37,840

a plan to make to promise yourself

294

00:20:43,990 --> 00:20:39,559

you'll

295

00:20:49,669 --> 00:20:44,000

celebrate there's a time to love and a

296

00:20:55,029 --> 00:20:51,990

you are loved

297

00:21:07,790 --> 00:20:55,039

time to know

298

00:21:07,800 --> 00:21:13,110

[Music]

299

00:21:13,120 --> 00:21:16,310

it's time

300

00:21:25,230 --> 00:21:18,430

who you are

301
00:21:25,240 --> 00:21:50,310

[Music]

302
00:21:54,390 --> 00:21:51,669

welcome back to center of light tonight

303
00:21:59,669 --> 00:21:54,400

essentia of light shh

304
00:21:59,679 --> 00:22:03,510

big secret

305
00:22:06,230 --> 00:22:04,950

something else i wanted to share with

306
00:22:10,470 --> 00:22:06,240

you as to why

307
00:22:13,990 --> 00:22:12,070

with the different segments is because i

308
00:22:17,830 --> 00:22:14,000

have a vision

309
00:22:20,149 --> 00:22:17,840

a multimedia terrestrial

310
00:22:20,860 --> 00:22:20,159

internet premium

311
00:22:23,350 --> 00:22:20,870

vision

312
00:22:26,549 --> 00:22:23,360

[Music]

313
00:22:28,549 --> 00:22:26,559

to reach people

314

00:22:32,470 --> 00:22:28,559

why because i'm a narcissist well yeah i

315

00:22:35,590 --> 00:22:32,480

am we all have a little bit of that

316

00:22:37,669 --> 00:22:35,600

without having a spiritual ego

317

00:22:40,070 --> 00:22:37,679

you can't drive a car

318

00:22:42,470 --> 00:22:40,080

you can't do anything so quiet requires

319

00:22:45,750 --> 00:22:42,480

an ego to some degree

320

00:22:51,350 --> 00:22:45,760

to be able to have a want to receive or

321

00:22:55,190 --> 00:22:53,430

i want to reach people i want to be

322

00:22:57,190 --> 00:22:55,200

effective

323

00:22:59,350 --> 00:22:57,200

in this life i want to clean up past

324

00:23:00,310 --> 00:22:59,360

karma and i'm doing a heck of a job of

325

00:23:02,630 --> 00:23:00,320

it

326

00:23:05,750 --> 00:23:02,640

as many as you as many of you are as

327

00:23:10,070 --> 00:23:07,510

so i have this vision this powerful

328

00:23:12,630 --> 00:23:10,080

beautiful vision

329

00:23:14,470 --> 00:23:12,640

to share the divine truth

330

00:23:15,909 --> 00:23:14,480

from a divine man who is physically

331

00:23:17,669 --> 00:23:15,919

present in my life

332

00:23:20,630 --> 00:23:17,679

as well as the angelic nation which

333

00:23:23,669 --> 00:23:20,640

we're all a part of we all have

334

00:23:26,230 --> 00:23:23,679

but as a spiritual teacher

335

00:23:28,950 --> 00:23:26,240

i lean into this lifestyle

336

00:23:36,470 --> 00:23:28,960

i don't lean into it it it leaned into

337

00:23:40,710 --> 00:23:38,070

let's keep moving tonight is center of

338

00:23:43,029 --> 00:23:40,720

light i got a big secret for you it's

339

00:23:43,029 --> 00:23:45,269

big holding your britches use spiritual

340

00:23:50,470 --> 00:23:47,830

sexy ones that is

341

00:23:54,789 --> 00:23:50,480

first presentation audio alone

342

00:23:56,710 --> 00:23:54,799

i can't get my media piney paint

343

00:23:59,029 --> 00:23:56,720

would not be good robert says you have

344

00:24:00,390 --> 00:23:59,039

added a few seconds to your perfect in

345

00:24:02,230 --> 00:24:00,400

every way

346

00:24:03,110 --> 00:24:02,240

whatever that means i'll process that in

347

00:24:04,789 --> 00:24:03,120

a bit

348

00:24:07,029 --> 00:24:04,799

uh sadguru

349

00:24:08,950 --> 00:24:07,039

tonight is basically at least for this

350

00:24:11,190 --> 00:24:08,960

segment section

351
00:24:13,830 --> 00:24:11,200
overview always i mean overview of the

352
00:24:15,350 --> 00:24:13,840
entire presentation

353
00:24:16,870 --> 00:24:15,360
spirituality

354
00:24:19,510 --> 00:24:16,880
101

355
00:24:22,630 --> 00:24:19,520
basics we all need to go back to basics

356
00:24:26,950 --> 00:24:24,549
o one

357
00:24:28,470 --> 00:24:26,960
that is code

358
00:24:30,789 --> 00:24:28,480
one on one

359
00:24:33,830 --> 00:24:30,799
it's a binary code

360
00:24:36,230 --> 00:24:33,840
so sad guru is going to get into

361
00:24:37,669 --> 00:24:36,240
what it's like not only for the newbies

362
00:24:39,510 --> 00:24:37,679
but the old bees

363
00:24:43,029 --> 00:24:39,520

and the oldies

364

00:24:43,039 --> 00:24:47,029

the foundation

365

00:24:47,039 --> 00:24:50,070

of who we are

366

00:24:53,269 --> 00:24:51,269

sadguru

367

00:24:55,990 --> 00:24:53,279

sit back take it in

368

00:24:57,830 --> 00:24:56,000

hear what he has to say

369

00:25:00,470 --> 00:24:57,840

listen as well

370

00:25:02,630 --> 00:25:00,480

it'll cast a beautiful spell on you of

371

00:25:06,230 --> 00:25:02,640

what is required

372

00:25:06,930 --> 00:25:06,240

to expand your awareness

373

00:25:08,149 --> 00:25:06,940

awareness

374

00:25:10,710 --> 00:25:08,159

[Music]

375

00:25:14,549 --> 00:25:10,720

awareness

376
00:25:16,710 --> 00:25:14,559
is the key

377
00:25:17,990 --> 00:25:16,720
to the garden gate

378
00:25:19,510 --> 00:25:18,000
awareness

379
00:25:21,669 --> 00:25:19,520
is the key

380
00:25:23,830 --> 00:25:21,679
to the garden gate

381
00:25:26,310 --> 00:25:23,840
don't be late for the party

382
00:25:27,900 --> 00:25:26,320
it's awareness always awareness

383
00:25:29,350 --> 00:25:27,910
awareness happens in a moment

384
00:25:30,950 --> 00:25:29,360
[Music]

385
00:25:33,029 --> 00:25:30,960
mostly consciously

386
00:25:34,870 --> 00:25:33,039
until you expand yourself and integrate

387
00:25:36,870 --> 00:25:34,880
yourself

388
00:25:38,230 --> 00:25:36,880

with the principle of awareness so much

389

00:25:41,029 --> 00:25:38,240

so

390

00:25:43,269 --> 00:25:41,039

that it's now default

391

00:25:46,870 --> 00:25:43,279

responsibility

392

00:25:49,029 --> 00:25:46,880

or either way it's always your fault

393

00:25:50,310 --> 00:25:49,039

your responsibility to take charge of

394

00:25:52,390 --> 00:25:50,320

your life

395

00:25:56,310 --> 00:25:52,400

and in so doing you bring others with

396

00:26:01,990 --> 00:25:58,310

if every day

397

00:26:02,000 --> 00:26:04,789

if every

398

00:26:12,789 --> 00:26:06,789

hour and moment

399

00:26:29,590 --> 00:26:15,510

if it has to be

400

00:26:34,230 --> 00:26:31,750

it is important

401
00:26:38,710 --> 00:26:36,310
we are in constant

402
00:26:40,230 --> 00:26:38,720
communion

403
00:26:45,990 --> 00:26:40,240
with that which is

404
00:26:46,000 --> 00:26:50,470
in identifying ourselves

405
00:26:50,480 --> 00:26:56,710
with limited aspects of who we are

406
00:26:56,720 --> 00:27:02,070
we are identified with many things

407
00:27:02,080 --> 00:27:08,130
if you

408
00:27:15,029 --> 00:27:10,149
[Music]

409
00:27:22,070 --> 00:27:17,029
different people have different plates

410
00:27:25,870 --> 00:27:24,389
in case you change the plates and give

411
00:27:29,190 --> 00:27:25,880
there will be a big argument

412
00:27:29,200 --> 00:27:32,950
the plates don't taste

413
00:27:37,590 --> 00:27:35,430

nor can you eat them

414

00:27:39,830 --> 00:27:37,600

it neither tastes good

415

00:27:42,230 --> 00:27:39,840

nor does it nourish you

416

00:27:44,630 --> 00:27:42,240

but the plate this is my plate i will

417

00:27:48,149 --> 00:27:44,640

not eat in your plate

418

00:27:50,310 --> 00:27:48,159

the very important thing

419

00:27:52,070 --> 00:27:50,320

so anything that you touch anything that

420

00:27:55,990 --> 00:27:52,080

you sit upon anything that you set your

421

00:27:56,000 --> 00:27:59,750

you get identified

422

00:27:59,760 --> 00:28:03,750

what this means is

423

00:28:08,630 --> 00:28:05,750

let's say

424

00:28:09,990 --> 00:28:08,640

you don't know how to drive

425

00:28:13,830 --> 00:28:10,000

there are many people who are doing this

426

00:28:15,909 --> 00:28:13,840

particularly i see two wheeler drivers

427

00:28:17,830 --> 00:28:15,919

you will see that brake light is always

428

00:28:19,430 --> 00:28:17,840

burning because they got the brake half

429

00:28:22,950 --> 00:28:19,440

down

430

00:28:22,960 --> 00:28:27,350

this man is heading for a big mess

431

00:28:31,029 --> 00:28:28,789

if you want to ride both your legs

432

00:28:34,549 --> 00:28:31,039

should be up and your leg should be off

433

00:28:38,389 --> 00:28:36,310

have you seen people going around with a

434

00:28:39,909 --> 00:28:38,399

brake light on all the time because they

435

00:28:41,510 --> 00:28:39,919

got the brakes because they think it's

436

00:28:44,710 --> 00:28:41,520

safe

437

00:28:46,549 --> 00:28:44,720

to keep the brakes down as you get

438

00:28:48,389 --> 00:28:46,559

identified with this thing and that

439

00:28:50,389 --> 00:28:48,399

thing and that thing

440

00:28:52,950 --> 00:28:50,399

you're throwing your anchor

441

00:28:55,510 --> 00:28:52,960

hoping your ship will go somewhere it'll

442

00:28:58,389 --> 00:28:55,520

only sink

443

00:28:59,430 --> 00:28:58,399

there's only one place it can go not

444

00:29:06,230 --> 00:28:59,440

like this

445

00:29:06,240 --> 00:29:08,630

so

446

00:29:08,640 --> 00:29:11,990

means

447

00:29:16,230 --> 00:29:13,269

what this

448

00:29:16,240 --> 00:29:20,070

are trying to tell you is just this

449

00:29:20,080 --> 00:29:25,190

that if you're in communion with truth

450

00:29:29,430 --> 00:29:27,590

your associations

451
00:29:30,220 --> 00:29:29,440
will be just associations not

452
00:29:32,310 --> 00:29:30,230
attachments

453
00:29:35,110 --> 00:29:32,320
[Music]

454
00:29:37,029 --> 00:29:35,120
you will know involvement in life

455
00:29:40,710 --> 00:29:37,039
but you will not know entanglement in

456
00:29:47,669 --> 00:29:42,710
because

457
00:29:48,870 --> 00:29:47,679
with breaks on if you try to go

458
00:29:51,669 --> 00:29:48,880
somewhere

459
00:29:54,149 --> 00:29:51,679
you'll burn yourself up

460
00:29:55,590 --> 00:29:54,159
and then you think life is a miserable

461
00:29:56,389 --> 00:29:55,600
thing

462
00:29:58,630 --> 00:29:56,399
yes

463
00:30:00,630 --> 00:29:58,640

if you have brakes fully on and try to

464

00:30:07,669 --> 00:30:00,640

drive it is of driving is a miserable

465

00:30:12,230 --> 00:30:09,669

so if one has to

466

00:30:14,549 --> 00:30:12,240

constantly be on the move

467

00:30:25,909 --> 00:30:14,559

if one has to

468

00:30:28,230 --> 00:30:25,919

if evolution is an ongoing process for

469

00:30:33,430 --> 00:30:31,070

if your idea of evolution

470

00:30:34,830 --> 00:30:33,440

[Music]

471

00:30:37,669 --> 00:30:34,840

is only to the

472

00:30:40,789 --> 00:30:37,679

extent that

473

00:30:42,310 --> 00:30:40,799

charles darwin endorsed it

474

00:30:45,430 --> 00:30:42,320

that is

475

00:30:47,190 --> 00:30:45,440

your spine got a little shorter

476
00:30:48,230 --> 00:30:47,200
you know it used to be long and hanging

477
00:30:50,070 --> 00:30:48,240
out

478
00:30:54,549 --> 00:30:50,080
now it got a little shorter you can sit

479
00:30:59,029 --> 00:30:56,549
can someone respond to me did the feed

480
00:31:02,830 --> 00:31:00,789
i'm not sure what's happening can

481
00:31:05,509 --> 00:31:02,840
someone let me know if the feed

482
00:31:06,789 --> 00:31:05,519
stopped um

483
00:31:10,820 --> 00:31:06,799
i guess we have to wait it out to see

484
00:31:10,830 --> 00:31:14,070
[Music]

485
00:31:20,789 --> 00:31:17,560
what the

486
00:31:23,830 --> 00:31:20,799
[Music]

487
00:31:25,220 --> 00:31:23,840
my god what is it mark zuckerberg what

488
00:31:27,430 --> 00:31:25,230

are you doing

489

00:31:39,350 --> 00:31:27,440

[Music]

490

00:31:43,110 --> 00:31:41,830

so i'm good on youtube says free hello

491

00:31:45,890 --> 00:31:43,120

pre

492

00:31:47,830 --> 00:31:45,900

i'm gonna keep going just for free

493

00:31:49,669 --> 00:31:47,840

[Music]

494

00:31:52,310 --> 00:31:49,679

i don't know what it is something to do

495

00:31:55,669 --> 00:31:52,320

with someone could be in my account

496

00:31:58,549 --> 00:31:55,679

and facebook is asking me

497

00:32:01,750 --> 00:31:58,559

to protect myself i get it thank you

498

00:32:07,240 --> 00:32:01,760

so let's move into the next segment with

499

00:32:13,029 --> 00:32:09,669

[Music]

500

00:32:13,039 --> 00:32:15,830

i you

501
00:32:20,070 --> 00:32:17,909
made aware of your

502
00:32:21,990 --> 00:32:20,080
natural state

503
00:32:24,149 --> 00:32:22,000
of being

504
00:32:26,710 --> 00:32:24,159
by not getting entangled in the mind

505
00:32:31,350 --> 00:32:26,720
stuff and stay like i'm doing now and

506
00:32:31,360 --> 00:32:33,990
right now

507
00:32:38,789 --> 00:32:36,630
even as i'm speaking

508
00:32:40,830 --> 00:32:38,799
there's nothing you have to do

509
00:32:43,110 --> 00:32:40,840
this is the wonderfulness of

510
00:32:44,710 --> 00:32:43,120
consciousness whatever resonates

511
00:32:47,669 --> 00:32:44,720
resonates

512
00:32:50,789 --> 00:32:47,679
understanding is taking place naturally

513
00:32:57,190 --> 00:32:53,269

pay attention just to

514

00:32:59,590 --> 00:32:57,200

notice just the sense of being

515

00:33:01,990 --> 00:32:59,600

it's no big deal i'm not telling you to

516

00:33:04,149 --> 00:33:02,000

do something complex

517

00:33:06,549 --> 00:33:04,159

you are already the state of being you

518

00:33:07,669 --> 00:33:06,559

see it's not going to come in from

519

00:33:10,870 --> 00:33:07,679

somewhere

520

00:33:13,909 --> 00:33:10,880

it is already here the reason why we

521

00:33:16,470 --> 00:33:13,919

doubt it is because much of the time

522

00:33:18,470 --> 00:33:16,480

we give our energy to paying attention

523

00:33:20,870 --> 00:33:18,480

to the mind

524

00:33:22,389 --> 00:33:20,880

and it is as though the mind sucks all

525

00:33:24,950 --> 00:33:22,399

your energy

526

00:33:27,590 --> 00:33:24,960

and push you pull you into personal

527

00:33:28,950 --> 00:33:27,600

identity and send you on all these

528

00:33:30,950 --> 00:33:28,960

journeys to go and

529

00:33:34,310 --> 00:33:30,960

do this and do that and do that

530

00:33:36,310 --> 00:33:34,320

so now as you are here with me also

531

00:33:37,669 --> 00:33:36,320

when i say stay

532

00:33:41,269 --> 00:33:37,679

as you are

533

00:33:43,830 --> 00:33:41,279

don't touch any mind stuff any intention

534

00:33:44,630 --> 00:33:43,840

even the intention to wake up to the

535

00:33:46,630 --> 00:33:44,640

self

536

00:33:47,990 --> 00:33:46,640

just remain empty for the moment like

537

00:33:51,750 --> 00:33:48,000

that

538

00:33:51,760 --> 00:33:55,190

[Music]

539

00:33:59,110 --> 00:33:56,870

don't even

540

00:34:01,190 --> 00:33:59,120

try to become being

541

00:34:04,710 --> 00:34:01,200

it is already

542

00:34:10,470 --> 00:34:08,149

and when you allow yourself to not

543

00:34:14,149 --> 00:34:10,480

get entangled with the mind stuff don't

544

00:34:17,030 --> 00:34:14,159

log into its energy

545

00:34:17,909 --> 00:34:17,040

then everything nicely begins to slow

546

00:34:18,829 --> 00:34:17,919

down

547

00:34:20,790 --> 00:34:18,839

by

548

00:34:24,389 --> 00:34:20,800

itself

549

00:34:28,950 --> 00:34:26,389

you are noticing

550

00:34:30,069 --> 00:34:28,960

just the space of being and it is so

551
00:34:35,750 --> 00:34:30,079
natural

552
00:34:40,869 --> 00:34:35,760
you don't give it any importance

553
00:34:43,669 --> 00:34:40,879
because it is so effortlessly natural

554
00:34:45,190 --> 00:34:43,679
the mind is trying to make you into some

555
00:34:47,909 --> 00:34:45,200
spiritual

556
00:34:49,589 --> 00:34:47,919
doer or you have to do this and stop

557
00:34:51,990 --> 00:34:49,599
doing this and get rid of this and

558
00:34:53,430 --> 00:34:52,000
become this and all these things you

559
00:34:54,310 --> 00:34:53,440
don't

560
00:34:58,230 --> 00:34:54,320
just

561
00:34:59,349 --> 00:34:58,240
pay attention to your natural being now

562
00:35:01,349 --> 00:34:59,359
you can do

563
00:35:03,670 --> 00:35:01,359

it is just here

564

00:35:06,230 --> 00:35:03,680

and even if some thoughts come and say

565

00:35:08,390 --> 00:35:06,240

but that cannot be anything i've done

566

00:35:09,589 --> 00:35:08,400

this before nothing happens and all this

567

00:35:11,750 --> 00:35:09,599

stuff

568

00:35:12,710 --> 00:35:11,760

let the chatter go on but don't engage

569

00:35:16,230 --> 00:35:12,720

with it

570

00:35:18,870 --> 00:35:16,240

the more you practice this

571

00:35:21,589 --> 00:35:18,880

which is to let the mind chatter

572

00:35:23,750 --> 00:35:21,599

but don't give the attention to it just

573

00:35:25,670 --> 00:35:23,760

stay empty of that

574

00:35:27,510 --> 00:35:25,680

in the beginning it might feel like

575

00:35:30,870 --> 00:35:27,520

there's a reflex

576

00:35:34,710 --> 00:35:30,880

to engage with the mind but gradually

577

00:35:36,710 --> 00:35:34,720

you get better at staying out of it

578

00:35:38,550 --> 00:35:36,720

don't get into any street fight with

579

00:35:39,670 --> 00:35:38,560

your mind or

580

00:35:49,510 --> 00:35:39,680

or

581

00:35:52,069 --> 00:35:49,520

don't touch any thought

582

00:35:53,750 --> 00:35:52,079

or any intention

583

00:35:55,589 --> 00:35:53,760

please remember this that i'm telling

584

00:35:57,990 --> 00:35:55,599

you

585

00:36:00,790 --> 00:35:58,000

don't pick up any thought to do

586

00:36:03,510 --> 00:36:00,800

something or to change anything or any

587

00:36:06,230 --> 00:36:03,520

wishes or i wish i could get rid don't

588

00:36:07,349 --> 00:36:06,240

do any of this just stay like this just

589

00:36:11,670 --> 00:36:07,359

be one

590

00:36:16,790 --> 00:36:14,470

and if you don't go with the mind this

591

00:36:20,630 --> 00:36:16,800

is radical by the way it seems even

592

00:36:22,870 --> 00:36:20,640

revolutionary revolutionary simple

593

00:36:25,190 --> 00:36:22,880

you're staying as you are and you see

594

00:36:28,069 --> 00:36:25,200

all the energies that were

595

00:36:30,390 --> 00:36:28,079

like dust particles in the space of the

596

00:36:33,430 --> 00:36:30,400

mind begins to just settle

597

00:36:35,510 --> 00:36:33,440

just settling down in your noticing

598

00:36:38,069 --> 00:36:35,520

you are not settling them down

599

00:36:41,589 --> 00:36:38,079

you are already settled and all the

600

00:36:43,109 --> 00:36:41,599

noise of the mind is slowing down

601
00:36:46,310 --> 00:36:43,119
inside the being

602
00:36:51,829 --> 00:36:46,320
itself you are all this is very natural

603
00:36:56,790 --> 00:36:53,190
then what

604
00:36:57,990 --> 00:36:56,800
then nothing is you simply here

605
00:37:00,870 --> 00:36:58,000
you can watch

606
00:37:02,069 --> 00:37:00,880
a thought may pop in oh it's time to go

607
00:37:04,790 --> 00:37:02,079
and do this

608
00:37:06,550 --> 00:37:04,800
but you notice it's just a thought it is

609
00:37:08,870 --> 00:37:06,560
just a thought

610
00:37:13,270 --> 00:37:08,880
the more you pay attention to the

611
00:37:15,750 --> 00:37:13,280
natural and simple quality of being

612
00:37:17,109 --> 00:37:15,760
the more your discerning

613
00:37:21,270 --> 00:37:17,119

ability

614

00:37:27,670 --> 00:37:23,270

these are simple

615

00:37:34,870 --> 00:37:31,670

and it bears fruit immediately

616

00:37:37,109 --> 00:37:34,880

this piece of being

617

00:37:39,270 --> 00:37:37,119

remains with you

618

00:37:41,430 --> 00:37:39,280

sometimes you feel like you're

619

00:37:44,150 --> 00:37:41,440

caught off guard

620

00:37:47,109 --> 00:37:44,160

and suddenly there's this mind storm and

621

00:37:48,310 --> 00:37:47,119

identity again stay just as you are

622

00:37:50,870 --> 00:37:48,320

again

623

00:37:52,790 --> 00:37:50,880

and as many times as the mind might

624

00:37:55,270 --> 00:37:52,800

appear to be attacking

625

00:37:57,030 --> 00:37:55,280

equal number of times come back to this

626
00:37:59,349 --> 00:37:57,040
place i'm pointing to

627
00:38:02,069 --> 00:37:59,359
simply come and stay here

628
00:38:06,230 --> 00:38:02,079
it may seem to be an over simplistic

629
00:38:08,870 --> 00:38:06,240
advice but it works every time

630
00:38:11,109 --> 00:38:08,880
what you are doing what are you doing it

631
00:38:14,230 --> 00:38:11,119
will not feel like much

632
00:38:17,349 --> 00:38:14,240
or it might feel like too difficult also

633
00:38:20,550 --> 00:38:17,359
but what you're what is happening

634
00:38:22,470 --> 00:38:20,560
is that you are allowing yourself

635
00:38:25,910 --> 00:38:22,480
to recognize

636
00:38:28,550 --> 00:38:25,920
and be conscious of your being this is

637
00:38:31,589 --> 00:38:28,560
true self-consciousness

638
00:38:35,910 --> 00:38:31,599

is being self-aware

639

00:38:38,150 --> 00:38:35,920

and that is your fundamental power

640

00:38:39,750 --> 00:38:38,160

being self-aware

641

00:38:42,710 --> 00:38:39,760

don't think you have to go and study

642

00:38:45,270 --> 00:38:42,720

lots of books and put a lot of a lot of

643

00:38:49,030 --> 00:38:45,280

you know concepts in your mind

644

00:38:51,910 --> 00:38:49,040

that just feeds into the mind very often

645

00:38:57,589 --> 00:38:51,920

follow this simple advice

646

00:38:59,270 --> 00:38:57,599

it's not difficult for you to change

647

00:39:01,030 --> 00:38:59,280

the quality of the

648

00:39:03,430 --> 00:39:01,040

the mind consciousness

649

00:39:05,910 --> 00:39:03,440

simply by abiding like this

650

00:39:08,150 --> 00:39:05,920

and you'll see the more you do this the

651
00:39:10,310 --> 00:39:08,160
more established you become

652
00:39:11,750 --> 00:39:10,320
inside the heart energy

653
00:39:15,109 --> 00:39:11,760
and from here

654
00:39:18,390 --> 00:39:15,119
you will see that life your outlook

655
00:39:20,150 --> 00:39:18,400
your energy vibration changes becomes

656
00:39:21,109 --> 00:39:20,160
much more

657
00:39:23,829 --> 00:39:21,119
soft

658
00:39:24,790 --> 00:39:23,839
more spontaneous light

659
00:39:25,990 --> 00:39:24,800
open

660
00:39:29,829 --> 00:39:26,000
fearless

661
00:39:33,030 --> 00:39:29,839
please follow this for years and years

662
00:39:36,950 --> 00:39:33,040
and years i am sharing these things

663
00:39:39,109 --> 00:39:36,960

and it is just as fresh today

664

00:39:40,870 --> 00:39:39,119

stay with it

665

00:39:43,430 --> 00:39:40,880

if you listen

666

00:39:45,750 --> 00:39:43,440

and you follow tomorrow you can show me

667

00:39:48,470 --> 00:39:45,760

the fruits of your understanding

668

00:39:50,310 --> 00:39:48,480

this is how effective and i stand by

669

00:39:52,630 --> 00:39:50,320

what i'm sharing with you i'm not

670

00:39:54,390 --> 00:39:52,640

telling you well i hope to see you in

671

00:39:56,710 --> 00:39:54,400

six months and they can show me your

672

00:39:58,390 --> 00:39:56,720

progress not tomorrow you can show me

673

00:40:00,870 --> 00:39:58,400

your progress

674

00:40:03,589 --> 00:40:00,880

this is how confident i am about it

675

00:40:04,390 --> 00:40:03,599

and how much i know the truth of who you

676
00:40:07,030 --> 00:40:04,400
are

677
00:40:09,109 --> 00:40:07,040
beyond the superficial personal

678
00:40:11,270 --> 00:40:09,119
changeable appearances

679
00:40:12,470 --> 00:40:11,280
this is the fundamental nature of

680
00:40:13,829 --> 00:40:12,480
consciousness

681
00:40:15,109 --> 00:40:13,839
okay

682
00:40:28,550 --> 00:40:15,119
so

683
00:40:30,710 --> 00:40:28,560
when we can

684
00:40:32,309 --> 00:40:30,720
be together like this

685
00:40:34,710 --> 00:40:32,319
and impart

686
00:40:36,150 --> 00:40:34,720
simple pointers that are grasped inside

687
00:40:39,670 --> 00:40:36,160
the heart

688
00:40:42,710 --> 00:40:39,680

you may have heard me say

689

00:40:46,230 --> 00:40:42,720

you are the seeds of awakening

690

00:40:53,589 --> 00:40:50,309

but these seeds must become mighty trees

691

00:40:56,710 --> 00:40:53,599

this happens very very naturally

692

00:40:57,910 --> 00:40:56,720

when the seed is in a good place

693

00:41:00,150 --> 00:40:57,920

when it has

694

00:41:02,950 --> 00:41:00,160

water and light

695

00:41:05,750 --> 00:41:02,960

everything is automatic

696

00:41:08,710 --> 00:41:05,760

your growth in understanding

697

00:41:11,670 --> 00:41:08,720

largely is automatic

698

00:41:14,309 --> 00:41:11,680

it is not to do with how much mind power

699

00:41:16,470 --> 00:41:14,319

you put to things

700

00:41:18,790 --> 00:41:16,480

therefore i've not asked you

701
00:41:22,069 --> 00:41:18,800
to learn to visualize or imagine

702
00:41:24,630 --> 00:41:22,079
anything it is not needed

703
00:41:27,349 --> 00:41:24,640
clear sober understanding

704
00:41:28,950 --> 00:41:27,359
applied pointings

705
00:41:33,109 --> 00:41:28,960
is already

706
00:42:02,069 --> 00:41:35,109
stay with this

707
00:42:08,390 --> 00:42:05,829
muji says show me the fruit

708
00:42:12,550 --> 00:42:08,400
of your understanding

709
00:42:14,829 --> 00:42:12,560
i don't need to see you in six months i

710
00:42:20,309 --> 00:42:14,839
can just see you tomorrow and he will

711
00:42:23,430 --> 00:42:20,319
know the spiritual awareness shifts

712
00:42:26,790 --> 00:42:23,440
that have occurred in one's life

713
00:42:28,630 --> 00:42:26,800

so what is the big secret shh

714

00:42:33,910 --> 00:42:28,640

tell everybody

715

00:42:38,790 --> 00:42:35,190

the mind

716

00:42:41,589 --> 00:42:40,230

it's the key

717

00:42:43,750 --> 00:42:41,599

to awareness

718

00:42:47,829 --> 00:42:43,760

which is the master key

719

00:42:52,230 --> 00:42:49,910

the facebook shutting me down they

720

00:42:53,750 --> 00:42:52,240

thought my account was threatened

721

00:42:55,349 --> 00:42:53,760

dear lord

722

00:42:58,470 --> 00:42:55,359

whatever

723

00:43:01,589 --> 00:42:58,480

they're always jacking with stuff

724

00:43:02,390 --> 00:43:01,599

but to exemplify and further the point

725

00:43:05,030 --> 00:43:02,400

of

726
00:43:08,550 --> 00:43:05,040
what sad guru was getting into

727
00:43:14,470 --> 00:43:10,950
and baba mooji is

728
00:43:18,069 --> 00:43:14,480
if you want to purify your mind

729
00:43:20,390 --> 00:43:18,079
to exemplify the point of it all

730
00:43:22,390 --> 00:43:20,400
what purifying the mind really really

731
00:43:24,390 --> 00:43:22,400
truly really really really really really

732
00:43:26,550 --> 00:43:24,400
is

733
00:43:28,870 --> 00:43:26,560
it's nothing

734
00:43:31,589 --> 00:43:28,880
so much so

735
00:43:35,349 --> 00:43:31,599
that everything i said to you tonight

736
00:43:38,630 --> 00:43:37,430
that's an analogy for purifying your

737
00:43:41,990 --> 00:43:38,640
mind

738
00:43:46,790 --> 00:43:43,740

no matter what you believe

739

00:43:48,900 --> 00:43:46,800

[Music]

740

00:43:50,470 --> 00:43:48,910

the ultimate eternal test of time

741

00:43:55,349 --> 00:43:50,480

[Music]

742

00:44:00,230 --> 00:43:56,550

the mind

743

00:44:04,069 --> 00:44:02,710

it doesn't know anything at all

744

00:44:05,190 --> 00:44:04,079

it doesn't know it doesn't have the

745

00:44:11,430 --> 00:44:05,200

capacity

746

00:44:16,870 --> 00:44:13,750

don't be the limiter

747

00:44:18,710 --> 00:44:16,880

open up yourself expand

748

00:44:20,150 --> 00:44:18,720

not destroy your mind

749

00:44:22,950 --> 00:44:20,160

see it

750

00:44:25,829 --> 00:44:22,960

love it appreciate it understand it

751
00:44:28,069 --> 00:44:25,839
wants something always

752
00:44:29,589 --> 00:44:28,079
mostly from you

753
00:44:32,230 --> 00:44:29,599
so what do you do

754
00:44:34,630 --> 00:44:32,240
you don't do anything

755
00:44:36,390 --> 00:44:34,640
because the doing of the something gives

756
00:44:38,230 --> 00:44:36,400
the mind

757
00:44:42,470 --> 00:44:38,240
what it wants

758
00:44:47,510 --> 00:44:44,470
it wants to destroy

759
00:44:49,589 --> 00:44:47,520
everything that you hold as sacred

760
00:44:52,309 --> 00:44:49,599
that which is you it's your essence

761
00:44:55,670 --> 00:44:52,319
that is the sacred fragmented into

762
00:44:58,150 --> 00:44:55,680
unaltered as such

763
00:44:59,340 --> 00:44:58,160

but we have to alter ourselves in such a

764

00:45:00,710 --> 00:44:59,350

way

765

00:45:04,069 --> 00:45:00,720

[Music]

766

00:45:06,390 --> 00:45:04,079

that the mind simply deflates

767

00:45:09,510 --> 00:45:06,400

peace love and

768

00:45:11,510 --> 00:45:09,520

purify yourself your mind especially